

NORTH LANCASHIRE SWIMMING AND WATER POLO ASSOCIATION

Affiliated to ASA North West Region

**Handbook
2011**

Table of Contents

Table of Contents	2
Rules of the Association	5
1 <i>Fixtures Meeting</i>	5
2 <i>Selection.....</i>	5
3 <i>New Rules</i>	5
4 <i>Awards</i>	6
5 <i>Trophies.....</i>	7
6 <i>Interpretation</i>	7
Competition Conditions	8
<i>Conditions for Association Age Group Competition.....</i>	8
<i>Conditions for Association Individual Championships</i>	10
<i>Conditions for Squadron Championships</i>	12
<i>Conditions for Association Swimming League</i>	14
<i>Conditions for Association Water Polo League</i>	18
<i>Conditions for Association Junior Water Polo League.....</i>	21
<i>Conditions for Association Autumn Knockout Competition.....</i>	24
Trophy History of the Association	28
Details of Member Clubs	29
Water Polo League Secretaries	31

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

List of Association Officials

President

Mr. Alan Howarth

Vice President

Mrs. J Whittle

Honorary Life Members

Dr I.A.M. Gibb Esq, Mr N Cowburn; Mr DA Cocks

Delegate to Northern Counties ASA

Mr.

Hon Trustees

Dr. I.A.M. Gibb; Mrs E Fitchie

Independent Examiner

Mr. G. Whittle

Hon Solicitor

Vacant

Hon Secretary

Mrs Susan Tinkler
28 Bryning Lane, Wrea Green, Preston, PR4 2WJ
(Tel: 01772 685082)

Hon Treasurer

Mrs. G. Rankin

Hon Swimming Secretary

Mr G Whittle,
"Carmel", 51 Heron Way, Blackpool, FY3 8FA
(Tel: 01253 393967)

Hon Water Polo Secretary

Mr J McGinty

Hon Age Group Secretary

Mrs. J. Whittle
"Carmel", 51 Heron Way, Blackpool, FY3 8FA
(Tel: 01253 393967)

Facilities Officer

Mr. M. Carroll
"Glencoyne", 51 Main Street, Warton, Carnforth, LA5 9NT
(Tel: 01524-732792)

Trophy Controller

Mrs S Tinkler and Mrs J Whittle

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Sub-Committees

Swimming

Mr. M. Sumner,
Mr. G. Whittle, Mrs. J. Whittle Mr J McGinty

Water Polo

One delegate from each playing member club.

Emergency Committee

Delegates (any two from the following)
Mr M Sumner, Mr M Copeland, Mr P Wilkinson, Mr G Whittle
plus officers as per Rule 15

Past Presidents

S. Kirtlan, 1894-1910; J. Ralph, 1910-1911; T. Clegg, 1912-1914, 1919-1920; J. Law, 1921-1922;
R. Baxendale, 1923-1924; O. Heap, 1925-1926; W.C. Watson, 1927-1928; J. Wilding, 1929-1931;
C. Myles, 1932-1933; R. Hodgson, 1934-1935; R. Marshall, 1936-1939, 1947-1953;
L. Dean, 1954-1955; C.M. O'Callaghan, 1956-1957, A.H. Turner, 1958-1959;
G. Sargent, 1960-1961; J. Brown, 1962-1963; H.S. Johnston, 1964-1965;
F. Moorhouse, 1966-1967; A.E. Shipley, 1968-1969; G. Musk, 1970-1971; T. Lyth, 1972-1973;
J. Sharples, 1974-1975; G.H. Harris, 1976-1977; H. Booth, 1978-1979;
Mrs S. Fearfull, 1980-1981; E. Howley, 1982-1983; B. Porter, 1984-1985;
Mrs J.F. Gibb, 1986-1987; R. Holmes, 1988-1989; Dr I.A.M. Gibb, 1990-1991;
P. Bradshaw, 1992-1993; J. Jameson, 1994-1995, Mrs J. Drummond, 1996-1997;
Mr N Cowburn, 1998-1999, Mr T Detko, 2000-2001, Mr B Walsh, 2002-2003,
Mrs J Whittle 2003-2005, Mr M Carroll 2005-2007, Mr G Whittle 2007-2009

Past Hon Secretaries

B. Clumpstey, 1892-1894; T. Greenwood, 1895; T. Clegg, 1896-1914; E.V. Todd, 1914-1918;
R. Marshall, 1919-1935; J. Wilding, 1936-1956; A.H. Turner, 1956-1960; H.S. Johnston, 1960-1966;
G.H. Harris, 1967-1989; E. Fitchie 1990-2000

Rules of the Association

Now in a separate booklet, approved by ASA North West, these are additional rules for competitions

1 ***Fixtures Meeting***

1.1 A meeting shall be held on the first Wednesday in January of each year (excluding any Wednesday, which may be a Public Holiday) for the purpose of finalising fixtures for the Swimming League and the Water Polo League competitions.

1.2 Clubs taking part in either the Swimming League or Water Polo League **MUST** be represented at the Fixtures Meeting.

1.3 Failure to attend the Fixtures Meeting, without reasonable cause, may result in a Club being expelled from the competition(s) for the current year and/or a fine not exceeding £100.

1.4 Once a fixture has been made, it may not be rearranged without the consent, in writing, of either the Hon. Swimming or Water Polo Secretary, who **MUST** have the agreement in writing of all competing Clubs.

1.5 Failure to comply with rule 18.4 may result in all Clubs involved being liable to a fine not exceeding £100.

2 ***Life Members***

To mark exceptional service, Life Members may be elected at an Executive Meeting by a majority of two thirds of those present and voting, such election to be subject to confirmation at the next Annual General Meeting.

3 ***Selection***

A swimmer, having been selected and having accepted his selection to participate in any Association team event, who without reasonable cause, fails to keep his engagement, shall render himself liable to disciplinary action.

4 ***New Rules***

No new rule shall be made, or any of the foregoing or following altered or rescinded, unless after at least 28 days notice specifying such proposed new rule, alteration or recession has been given to all affiliated clubs. Such resolution must be passed by a majority of two-thirds of the delegates present and voting. If at any time, as a result of any new law made, altered or rescinded by the ASA, these rules are in conflict with ASA Laws, the Executive shall cause the Association rules to conform and report any changes to the next annual general meeting.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

5 *Awards*

The Association will make the following awards annually;

Bob Marshall Trophy

This trophy shall be awarded to the Club whose swimmers obtain the greatest number of points in the Individual Championships. Points to be awarded as follows; 1st place - 3 points, 2nd place - 2 points and 3rd place - 1 point). In the event of a tie on aggregate points, the Clubs tying shall hold the trophy jointly.

Brian Porter Trophy

This trophy shall be awarded each year to the Club whose particular teams obtain the greatest number of points in the Squadron and Cannon Championships. Points to be awarded as follows; 1st place - 3 points, 2nd place - 2 points and 3rd place - 1 point). In the event of a tie on aggregate points, the Clubs tying shall hold the trophy jointly.

Jack Sharples Trophy

This trophy shall be awarded each year to the Club obtaining the most points in both the Water Polo League and the Swimming League shall be awarded this trophy. In the event of two or more Clubs gaining equal points, the title and trophy shall be held jointly.

The Merigold Trophy

This trophy shall be awarded annually to the team obtaining the most points in the Water Polo League. In the event of a tie on aggregate points, the teams tying shall hold the trophy jointly.

The Association Trophy

This trophy shall be awarded annually to the team obtaining the most points in the Junior Water Polo Winter League. In the event of a tie on aggregate points, the teams tying shall hold the trophy jointly.

Darwen ASC Trophy

This trophy shall be awarded annually to the team who to the winning team in the Swimming League- Division One.

Clitheroe & District ASC Trophy

This trophy shall be awarded annually to the team who to the winning team in the Swimming League- Division Two.

John Wilding Trophy

This trophy shall be awarded annually to the team who to the winning team in the Swimming League- Division Three.

Richard Hodgson Trophy

This trophy shall be awarded annually to the team who to the team obtaining the most points in the Autumn Knockout Competition.

George Harris Salver

The George Harris Salver is available to the Club, Official, Teacher, Coach, Swimmer or Administrator, deemed by the Executive to have done the most to popularise or project the image of any of the various disciplines covered by ASA Laws, either within or for the Association.

The award may be withheld in any year at the discretion of the Executive.

Nominations for this award from member Clubs to be submitted to the Hon Secretary of the Association by August 1st. The Hon Secretary will then circulate nominations to delegates by 1st September, in order that Clubs can discuss and place their vote at the next Executive Meeting thereafter.

7 *Trophies*

All trophies presented to the Association shall remain the property of the Association and are awarded on a perpetual basis only.

The Executive Committee shall make regulations for the care and control of all trophies owned by the Association.

Except for the trophies mentioned at Rule 20 above, the executive may allocate trophies to competitions, after consideration of the known wishes of, and, where possible, consultation with the donor.

8 *Interpretation*

Any question arising as to the correct interpretation of any of these rules, or any other question not herein provided for, shall be decided by the Executive.

Competition Conditions

Conditions for Association Age Group Competition

1. The Competition

- 1.1 The Association will, each year, promote Age Group Swimming Competitions.
- 1.2 The purpose of the Competitions is to determine the team selection for the Inter-Association Competition and other team competitions that the Executive may decide to enter.
- 1.3 These Competitions will be qualifying events for the ASA National Age Group Competitions and the conditions applicable to the National Age Groups shall apply where appropriate. Where there is conflict between these regulations and ASA National Age Group conditions, the latter will prevail.
- 1.4 The Competition will take place each year and will be completed in accordance with the ASA Swimming Calendar and, at least, 5 weeks before the Inter-Association Competition.
- 1.5 The Competition shall be open to ASA first-registered members of Clubs, which are affiliated to the Association and duly registered in accordance with Rule 17 of the Association.
- 1.6 Awards shall be made to those swimmers achieving first, second and third places.
- 1.7 The entry fee will be reviewed each year and determined by the Executive taking note of any recommendation given by the Age Groups Sub-Committee.

2. Entering the Competition

- 2.1 All Clubs will be circulated with Entry Forms, Calendars and other relevant information at the Annual General Meeting of the Association in the December prior to the year of competition.
- 2.2 Competitors shall compete in their own age group only but may enter any number of events in that age group.
- 2.3 The closing date for entries will be set by the Age Groups Committee and will be at least five weeks before the first gala each year.
- 2.4 All entries will be made on the official Entry Form provided by the Hon Swimming Secretary and submitted, in bulk, through Club Secretaries or other designated Club official along with the appropriate fees. Individual entries and those not submitted via Club Secretaries or other designated Club official may not be accepted.
- 2.5 All entries must be accompanied by the appropriate fees. Those entries not so accompanied will be considered invalid.
- 2.6 The Programme of events and the awards to be made will be arranged by the Age Groups Sub-Committee and approved by the Executive.
- 2.7 For Declared Heat Winner events, submitted times, converted to a 25m pool size using ASA Equivalent Performance Tables, will be required.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

3. Team Selection

- 3.1 All swimmers selected for the North Lancashire Team MUST attend and participate fully in all events, competitions, training sessions and get-togethers. Seven days prior, written notice of any unavailability must be given by the swimmer's parent or guardian, both to the Hon Age Groups Secretary and the Team Manager.
- 3.2 Only bona fide reasons for non-attendance will be acceptable. Any swimmer in default without just cause may, thereafter, be excluded from future North Lancashire Team events for such period and/or upon such conditions as the Executive in its absolute discretion shall determine.

4. Disputes and Protests

- 4.1 The Promoter of the Competitions is the Association.
- 4.2 Any dispute regarding the eligibility of a swimmer to participate in the competition, shall be settled by the Referee, according to the Promoters Conditions. If there can be no agreement or if there is insufficient information to settle the dispute, then the Gala must be swum under protest and the matter reported to the Association Hon Secretary within 7 days, who shall either:
- a) Report the matter to the next Executive Meeting,
 - b) Call an Emergency Committee Meeting to resolve the dispute, or
 - c) Deal with the matter in accordance with ASA Judicial Laws

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Conditions for Association Individual Championships

1. The Competition

- 1.1 The Association will, each year, promote individual Swimming Championships.
- 1.2 The Competition shall be open to members of Clubs, which are affiliated to the Association.
- 1.3 The entry fee will be reviewed each year and determined by the Executive taking note of any recommendation given by the Swimming Sub-Committee.
- 1.4 The Competition will be held each year on a date or dates to be determined by the Executive taking due note of recommendations from the Swimming Sub-Committee.
- 1.5 The competition shall be open to ASA first-registered members of Clubs which are affiliated to the Association and duly registered in accordance with Rule 17 of the Association.
- 1.6 The Competition may be run either as a separate gala, combined with the Squadron Championships or it may be run concurrently with the Age Group Competitions.
- 1.7 If the Competition is run concurrently with the Age Group Competitions then control of the Competition will pass over to the Hon Age Groups Secretary

2. Entering the Competition

- 2.1 All Clubs will be circulated with Entry Forms, Calendars and other relevant information at the Annual General Meeting of the Association in the December prior to the year of competition.
- 2.2 The closing date for entries will be set by the Swimming Sub-Committee and will be at least three weeks before the gala each year unless the Championships run concurrently with the Age Group Trials, in which case the closing date will be the same as that for the Age Group Competitions.
- 2.3 All entries will be made on the official Entry Form provided by the Hon Swimming Secretary and submitted, in bulk, through Club Secretaries or other designated Club official along with the appropriate fees. Individual entries and those not submitted via Club Secretaries or other designated Club official may not be accepted.
- 2.4 Entries received without the appropriate fees will be considered to be invalid

3. The Competition

- 3.1 All age groups are determined to be Open except for the Junior Gents and Junior Ladies Competition events where competitors must be under 17 years of age on 31st December in the year of competition.
- 3.2 Where dimensions of the bath make it necessary, the distance of 50yds, 55yds, 100yds, 110yds, 200yds and 220yds shall be substituted accordingly. These alteration distances shall be recognised for record purposes. Record times can only be set in baths of 25yds or more in length.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

4. Trophies

4.1 The following events are to be held annually and the trophies indicated will be awarded to the winner to be held for twelve months or until the promoter requests their return to the Association:

Junior Ladies 50m Freestyle	Association Trophy
Junior Gents 50m Freestyle	Association Trophy
Ladies 100m Breaststroke	Windsor Winter Woollies Trophy
Gents 100m Breaststroke	Association Trophy
Ladies 100m Backstroke	F. Tibbett's Trophy
Gents 100m Backstroke	Fleetwood & District ASC Trophy
Ladies 100m Freestyle	Mary Kenyon Trophy
Gents 100m Freestyle	Baxendale Cup
Ladies 100m Butterfly	Susan Brown Trophy
Gents 100m Butterfly	Fleetwood & District ASC Trophy
Ladies 200m Freestyle	Tomlinson Trophy
Gents 200m Freestyle	George Butler Trophy
Ladies 4 X 100m Individual Medley	Association Trophy
Gents 4 X 100m Individual Medley	Association Trophy

5. Disputes and Protests

5.1 The Promoter of the Competitions is the Association.

5.2 Any dispute regarding the eligibility of a swimmer to participate in the competition, shall be settled by the Referee, according to the Promoters Conditions. If there can be no agreement or if there is insufficient information to settle the dispute, then the Gala must be swum under protest and the matter reported to the Association Hon Secretary within 7 days, who shall either:

- a) Report the matter to the next Executive Meeting,
- b) Call an Emergency Committee Meeting to resolve the dispute, or
- c) Deal with the matter in accordance with ASA Judicial Laws

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Conditions for Squadron Championships

1. The Competition

- 1.1 The Association will, each year, promote the Squadron Championships.
- 1.2 The Competition shall be open to Clubs affiliated to the Association.
- 1.3 The entry fee will be reviewed each year and determined by the Executive taking note of any recommendation given by the Swimming Sub-Committee.
- 1.4 The Competition will be held each year on a date or dates to be determined by the Executive taking due note of recommendations from the Swimming Sub-Committee.
- 1.5 Team members shall be ASA first-registered members of Clubs affiliated to the Association and duly registered in accordance with Rule 17 of the Association.

2. Entering the Competition

- 2.1 All Clubs will be circulated with Entry Forms.
- 2.2 The closing date for entries will be set by the Swimming Committee and will be at least three weeks before the gala each year.
- 2.3 All entries will be made on the official Entry Form provided by the Hon Swimming Secretary and submitted, in bulk, through Club Secretaries or other designated Club official along with the appropriate fees. Individual entries and those not submitted via Club Secretaries or other designated Club official may not be accepted.
- 2.4 Entries received without the appropriate fees will be considered to be invalid

3. The Competition

- 3.1 In the Squadron events, each team will consist of 4 swimmers. Each swimmer shall swim one or two lengths of the pool as shall be determined by the Swimming Sub-Committee. In events designated as 12 and under, all swimmers must be aged 12 years old or under on 31st December in the year of the competition. In events designated as 13 / 14 years, all swimmers must be 13 or 14 years old on 31st December in the year of the competition.
- 3.2 In the Ladies and Gents Cannon Squadron events, each team shall consist of 6 swimmers, 2 of whom must be 12 years old or under on 31st December in the year of competition, 2 of whom must be 13 or 14 years old on 31st December in the year of competition and 2 other swimmers. Each swimmer shall swim one or two lengths of the pool as shall be determined by the Swimming Sub-Committee
- 3.3 In the Mixed Cannon event, each team shall consist of 12 swimmers, 2 males and two females who must be 12 years old or under on 31st December in the year of competition, 2 males and 2 females who must be 13 or 14 years old on 31st December in the year of competition and two other males and two other females. Each swimmer shall swim one or two lengths of the pool as shall be determined by the Swimming Sub-Committee
- 3.4 Clubs may enter more than one team into the Competition.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

- 3.5 Clubs having more than one team in the Competition must, before the start of the Competition, submit details, on separate registration forms, of the members of each team. There shall be no transfers between teams once the registration forms have been submitted. The swimmer of any team who has been transferred from one team to another will be considered ineligible.
- 3.6 The swimming of an ineligible swimmer in an event will result in their team being eliminated from that event.

4. Trophies

- 4.1 The following events will be held annually and the trophies indicated will be awarded to the winning teams to be held for twelve months or until the promoter requests their return to the Association.

Girls 12/under Freestyle	Garstang ASC Trophy
Boys 12/under Freestyle	Carnforth & District Trophy
Girls 12/under Medley	Darwen Trophy
Boys 12/under Medley	Piranha ASC Trophy
Girls 13/14 Freestyle	George Wilson Memorial Trophy
Boys 13/14 Freestyle	Fearfull Trophy
Girls 13/14 Medley	Blackpool Trophy
Boys 13/14 Medley	Ian & Jean Gibb Trophy
Ladies Open Freestyle	Newton Hall SC Trophy
Gents Open Freestyle	Fred Holmes Shield
Ladies Open Medley	Accrington ASC Shield
Gents Open Medley	Corner Shield
Gents Cannon	Lancaster City ASC Shield
Ladies Cannon	Clitheroe & District ASC Shield
Mixed Cannon	Fleetwood & District ASC Shield

5. Disputes and Protests

- 5.1 The Promoter of the Competitions is the Association.
- 5.2 Any dispute regarding the eligibility of a swimmer to participate in the competition, shall be settled by the Referee, according to the Promoters Conditions. If there can be no agreement or if there is insufficient information to settle the dispute, then the Gala must be swum under protest and the matter reported to the Association Hon Secretary within 7 days, who shall either:
- a) Report the matter to the next Executive Meeting,
 - b) Call an Emergency Committee Meeting to resolve the dispute, or
 - c) Deal with the matter in accordance with ASA Judicial Laws

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Conditions for Association Swimming League

1. The Competition

- 1.1 The Association will, each year, promote a Swimming League Competition.
- 1.2 The Competition should take place between 1st February and 30th June each year.
- 1.3 The Competition shall be open to Clubs correctly affiliated to the Association.
- 1.4 Awards shall be made to the winners of each division in accordance with Rule 20 of the Association.
- 1.5 The entry fee will be determined each year by the Executive taking note of any recommendation given by the Swimming Sub-Committee.
- 1.6 The Current Entry Fee to this Competition is £15 per team.
- 1.7 Team members shall be members of Clubs affiliated to the Association and duly registered in accordance with Rule 17 of the Association.

2. Entering the Competition

- 2.1 Any Club wishing to take part in the Association Swimming League Competition must indicate their intention to the Hon Swimming Secretary by the 14th December in the year preceding the competition. Applications received after this date may not be accepted.
- 2.2 Clubs may enter any number of teams into the Competition.
- 2.3 All Clubs having more than one team in the Competition shall, by the 1st February in the year of competition, submit details of all their swimmers to the Hon. Swimming Secretary. Sixteen of those shall be starred as "A" team only competitors. Other swimmers on the list may compete for either team subject only to the provision that having swum in any fixture for the "A" team they may not then swim for any lower ranked team.
- 2.4 New teams will join the League at the bottom of the lowest division.

3. Exclusion, Withdrawal and Suspension

- 3.1 In the event of any Club withdrawing or being suspended from the Swimming League during the season, their record of points thus far shall be expunged from the League Tables.

4. Organisation of Fixtures

- 4.1 A Fixtures Meeting shall take place, in accordance with Rule 18 of the Association, at a location to be decided beforehand for the purpose of finalising fixtures for the Swimming League.
- 1.2 The actual date, time and location of this meeting will be communicated to the Clubs involved by the Hon Swimming Secretary.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

- 4.3 Once a fixture has been made, it may not be rearranged without the consent, in writing, of the Hon Swimming Secretary, who **MUST** have the agreement, in writing, of all competing Clubs.
- 4.4 Failure to comply with the above condition may result in all Clubs involved being liable to a fine not exceeding £100.
- 4.5 Clubs **MUST** inform the Hon Swimming Secretary of the start time and location at which their fixtures will be held. This information will be included in the Association Handbook along with the dates and match details.

5. Gala Organisation

- 5.1 The Home Club shall appoint a Referee from the Official list given in the Association Handbook who shall also act as starter according to ASA Laws
- 5.2 Each competing team shall appoint a Judge. The Referee will allocate their duties.
- 5.3 The Home team shall pay all reasonable expenses incurred by the Referee.
- 5.4 No League Fixture shall be scheduled to start later than 8:00pm, except on Friday or Saturday when the scheduled starting time may be no later than 8:30pm.
- 5.5 Any Club causing to fixture to start more than 15 minutes late shall be reported by the Referee to the Hon Swimming Secretary. This, in turn will be reported to the Executive who may inflict a fine not exceeding £100. This condition applies equally to Home and Visiting teams.
- 5.6 The lane allocation for each gala will be by random draw conducted by the Referee.

6. Competition Rules

- 6.1 The League will consist of divisions of between 5 and 7 teams
- 6.2 The number of teams per division and the number of divisions will be decided by the Hon Swimming Secretary dependant upon the number of teams having entered the Competition. Priority will be given to maximising the number of divisions.
- 6.3 As far as possible, the divisions will consist of an equal number of teams with any imbalance being taken first in the higher divisions.
- 6.4 The Hon Swimming Secretary has the formula to determine the home and away fixtures regardless of the number of teams in the division.
- 6.5 The top and bottom teams in each relevant division will be promoted and relegated respectively at the end of the season, wherever possible and regardless of conditions 6.2 and 6.3 above.
- 6.6 Teams shall compete in three sections, each section being divided into Male and Female sub-sections.
- 6.7 The three sections are defined as follows:
 - 12/under
 - 14/under
 - Open Age

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

6.8 The individual events, in each sub-section for Boys/Girls and Ladies/Gents shall be Backstroke, Breaststroke, Butterfly and Freestyle. The distances shall be 50 metres or the nearest distance that the pool will allow. There shall also be 4 X 50 metre Freestyle and Medley Squadrons, as per ASA Law, in each sub-section. In addition, there shall be a 6 X 1 length mixed cannon at the end of the gala. This cannon shall consist of one boy and one girls from each of the three sections being swum in the following order:

12/under Girl
12/under Boy
14/under Girl
14/under Boy
Open Lady
Open Gent

6.9 A swimmer may take place in not more than two individual events and in any number of relay events, provided they do not swim in any age group for which they do not qualify. Any Club swimming a swimmer in breach of this condition, shall be deemed to have swum an ineligible swimmer

6.10 Gala points are to be awarded as follows:

Individual Events

1st place	4 points
2nd place	3 points
3rd place	2 point
4th place	1 point

Relay Events and the Cannon

1st place	8 points
2nd place	6 points
3rd place	4 points
4th place	2 points

with 0 points being awarded for any disqualification.

6.11 Upon completion of the fixture, League Points shall be awarded as follows:

1st place	4 points
2nd place	3 points
3rd place	2 points
4th place	1 point

7. Ineligibility and Failure to Compete

7.1 Any Club swimming an ineligible person in any sub-section shall forfeit the gala points for the entire sub-section.

7.2 Any Club failing to complete the whole of the programme by the 30th June in the year of competition shall forfeit the points for that fixture.

7.3 If the Home team fails to compete and the fixture does not take place, then the 9 remaining gala points for that fixture shall be distributed equally between the visiting teams.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

- 7.4 If any visiting team fails to compete and the fixture takes place, then the 9 remaining league points will be awarded according to the result of the reduced fixture.

8. Disputes and Protests

- 8.1 The Promoter of the Competition is the Association.
- 8.2 Any dispute regarding the eligibility of a swimmer to participate in the Competition, shall be settled by the Referee according to the Promoters Conditions. If there can be no agreement or if there is insufficient information to settle the dispute, then the Gala must be swum under protest and the matter reported to the Association Hon Secretary within 7 days, who shall either:
- a) Report the matter to the next Executive Meeting,
 - b) Call an Emergency Committee Meeting to resolve the dispute, or
 - c) Deal with the matter in accordance with ASA Judicial Laws

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Conditions for Association Water Polo League

1. The Competition

- 1.1 The Association will, each year, promote a Water Polo League Competition.
- 1.2 The Competition will take place between 1st February and 31st October each year.
- 1.3 The Competition shall be open to Clubs correctly affiliated to the Association.
- 1.4 Awards shall be made to the winners in accordance with Rule 20 of the Association.
- 1.5 The entry fee will be determined each year by the Executive taking note of any recommendation given by the Swimming Sub-Committee.
- 1.6 The Current Entry Fee to this Competition is £15 per team.
- 1.7 Team members shall be members of Clubs affiliated to the Association and duly registered in accordance with Rule 17 of the Association.

2. Entering the Competition

- 2.1 Any Club wishing to take part in the Association Water Polo League Competition must indicate their intention to the Hon Water Polo Secretary by the 14th December in the year preceding the competition. Applications received after this date may not be accepted.
- 2.2 Clubs may enter any number of teams into the Competition.
- 2.3 All Clubs having more than one team in the Competition shall, by the 1st February in the year of competition, have submitted details, on separate registration forms, of the members of each team to the Hon Water Polo Secretary.
- 2.4 No swimmer shall swim in more than one team during the year of competition and, where a Club has entered more than one team, no swimmer may be registered for more than one team during the same year. Failure to comply with this condition will cause the swimmer to be deemed ineligible.

3. Exclusion, Withdrawal and Suspension

- 3.1 In the event of any Club withdrawing or being suspended from the Water Polo League during the season, their record of points thus far shall be expunged from the League Tables.

4. Organisation of Fixtures

- 4.1 A Fixtures Meeting shall take place, in accordance with Rule 18 of the Association, at a location to be decided beforehand for the purpose of finalising fixtures for the Water Polo League.
- 4.2 The actual date, time and location of this meeting will be communicated to the Clubs involved by the Hon Water Polo Secretary.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

- 4.3 Once a fixture has been made, it may not be rearranged without the consent, in writing, of the Hon Swimming Secretary, who **MUST** have the agreement, in writing, of all competing Clubs.
- 4.4 Failure to comply with the above condition may result in all Clubs involved being liable to a fine not exceeding £100.
- 4.5 Clubs **MUST** inform the Hon Water Polo Secretary the start time and location at which their fixtures will be held. This information will be included in the Association Handbook along with the dates and match details.

5. Match Organisation

- 5.1 Any Club causing a match to start more than 15 minutes shall be reported by the Referee to the Hon Water Polo Referee. This, in turn, will be reported to the Executive who may inflict a fine, not exceeding £100. This condition applies equally to Home and Visiting teams.
- 5.2 It shall be the duty of the Home Club to provide two competent Timekeepers and a Secretary.
- 5.3 Both competing Clubs shall provide a Goal Judge who shall not be a member of the team.
- 5.4 At all matches, each captain, before entering the water, shall give to the Referee a list of his players with cap numbers.
- 5.5 The Hon Water Polo Secretary shall appoint neutral Referees for each match.
- 5.6 Each team shall meet its own travelling expenses. The Home team shall pay any expenses incurred in the hiring of baths, or equipment and the expenses of the appointed Referees in accordance with ASA Law.

6. Competition Rules

- 6.1 Each team shall meet each other twice, Home and Away, during the season.
- 6.2 Two League points will be awarded for a win and one point for a draw.
- 6.3 In the event of a tie in points between two or more Clubs at the completion of the Competition, deciding fixtures shall be played in neutral baths.

7. Ineligibility and Failure to Compete

- 7.1 Any Club playing or swimming an ineligible person shall forfeit the points for the fixture and these shall be awarded to the opposing team.
- 7.2 Any Club failing to fulfil any League fixture on the arranged day shall forfeit the points for the fixture and these shall be awarded to the opposing team.
- 7.2 Any Club failing to complete the whole of the programme by the 30th October in the year of competition shall forfeit the points for those outstanding fixtures.

8. Disputes and Protests

- 8.1 The Promoter of the Competition is the Association.
- 8.2 Any dispute regarding the eligibility of a swimmer to participate in the Competition, shall be settled by the Referee according to the Promoters Conditions. If there can be no agreement or if there is insufficient information to settle the dispute, then the Gala must be swum under protest and the matter reported to the Association Hon Secretary within 7 days, who shall either:
- a) Report the matter to the next Executive Meeting,
 - b) Call an Emergency Committee Meeting to resolve the dispute, or
 - c) Deal with the matter in accordance with ASA Judicial Laws

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Conditions for Association Junior Water Polo League

1. The Competition

- 1.1 The Association will, each year, promote a Junior Water Polo League Competition.
- 1.2 The Competition will take place between 1st February and 31st October each year.
- 1.3 The Competition shall be open to Clubs correctly affiliated to the Association.
- 1.4 Awards shall be made to the winners in accordance with Rule 20 of the Association.
- 1.5 The entry fee will be determined each year by the Executive taking note of any recommendation given by the Swimming Sub-Committee.
- 1.6 The Current Entry Fee to this Competition is £15 per team.
- 1.7 Team members shall be members of Clubs affiliated to the Association and duly registered in accordance with Rule 17 of the Association and shall be under 16 years of age on 31st December in the year of Competition.

2. Entering the Competition

- 2.1 Any Club wishing to take part in the Association Water Polo League Competition must indicate their intention to the Hon Water Polo Secretary by the 14th December in the year preceding the competition. Applications received after this date may not be accepted.
- 2.2 Clubs may enter any number of teams into the Competition.
- 2.3 All Clubs having more than one team in the Competition shall, by the 1st February in the year of competition, have submitted details, on separate registration forms, of the members of each team to the Hon Water Polo Secretary.
- 2.4 No swimmer shall swim in more than one team during the year of competition and, where a Club has entered more than one team, no swimmer may be registered for more than one team during the same year. Failure to comply with this condition will cause the swimmer to be deemed ineligible.

3. Exclusion, Withdrawal and Suspension

- 3.1 In the event of any Club withdrawing or being suspended from the Junior Water Polo League during the season, their record of points thus far shall be expunged from the League Tables.

4. Organisation of Fixtures

- 4.1 A Fixtures Meeting shall take place, in accordance with Rule 18 of the Association, at a location to be decided beforehand for the purpose of finalising fixtures for the Water Polo League.
- 4.2 The actual date, time and location of this meeting will be communicated to the Clubs involved by the Hon Water Polo Secretary.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

- 4.3 Once a fixture has been made, it may not be rearranged without the consent, in writing, of the Hon Swimming Secretary, who **MUST** have the agreement, in writing, of all competing Clubs.
- 4.4 Failure to comply with the above condition may result in all Clubs involved being liable to a fine not exceeding £100.
- 4.5 Clubs **MUST** inform the Hon Water Polo Secretary the start time and location at which their fixtures will be held. This information will be included in the Association Handbook along with the dates and match details.

5. Match Organisation

- 5.1 Any Club causing a match to start more than 15 minutes shall be reported by the Referee to the Hon Water Polo Referee. This, in turn, will be reported to the Executive who may inflict a fine, not exceeding £100. This condition applies equally to Home and Visiting teams.
- 5.2 It shall be the duty of the Home Club to provide two competent Timekeepers and a Secretary.
- 5.3 Both competing Clubs shall provide a Goal Judge who shall not be a member of the team.
- 5.4 At all matches, each captain, before entering the water, shall give to the Referee a list of his players with cap numbers.
- 5.5 The Hon Water Polo Secretary shall appoint neutral Referees for each match.
- 5.6 Each team shall meet its own travelling expenses. The Home team shall pay any expenses incurred in the hiring of baths, or equipment and the expenses of the appointed Referees in accordance with ASA Law.

6. Competition Rules

- 6.1 Each team shall meet each other twice, Home and Away, during the season.
- 6.2 Two League points will be awarded for a win and one point for a draw.
- 6.3 In the event of a tie in points between two or more Clubs at the completion of the Competition, deciding fixtures shall be played in neutral baths.

7. Ineligibility and Failure to Compete

- 7.1 Any Club playing or swimming an ineligible person shall forfeit the points for the fixture and these shall be awarded to the opposing team.
- 7.2 Any Club failing to fulfil any League fixture on the arranged day shall forfeit the points for the fixture and these shall be awarded to the opposing team.
- 7.2 Any Club failing to complete the whole of the programme by the 30th October in the year of competition shall forfeit the points for those outstanding fixtures.

8. Disputes and Protests

- 8.1 The Promoter of the Competition is the Association.
- 8.2 Any dispute regarding the eligibility of a swimmer to participate in the competition, shall be settled by the Referee, according to the Promoters Conditions. If there can be no agreement or if there is insufficient information to settle the dispute, then the Gala must be swum under protest and the matter reported to the Association Hon Secretary within 7 days, who shall either:
- a) Report the matter to the next Executive Meeting,
 - b) Call an Emergency Committee Meeting to resolve the dispute, or
 - c) Deal with the matter in accordance with ASA Judicial Laws

Conditions for Association Autumn Knockout Competition

1. The Competition

- 1.1 The Association will, each year, promote an Autumn Knockout Competition.
- 1.2 The Competition will take place between 1st September and 30th November each year. The preliminary rounds will have taken place according to cutoff dates set by the Executive.
- 1.3 The Competition shall be open to Clubs affiliated to the Association.
- 1.4 Awards shall be made to the winners and the runners up.
- 1.5 The winning team will be awarded the Richard Hodgson Trophy in accordance with Rule 20 of the Association, which shall be held until 30th September in the year following the Competition.
- 1.6 The entry fee will be determined each year by the Executive taking note of any recommendation given by the Swimming Sub-Committee.
- 1.7 The Current Entry Fee to this Competition is £15 per team.
- 1.8 Team members shall be members of Clubs affiliated to the Association and duly registered in accordance with Rule 17 of the Association.

2. Entering the Competition

- 2.1 Any Club wishing to take part in the Association Swimming League Competition must indicate their intention to the Hon Swimming Secretary by the 31st March in the year of competition. Applications received after this date may not be accepted.
- 2.2 Clubs may enter any number of teams into the Competition.
- 2.3 All Clubs having more than one team in the Competition shall, by the 1st September in the year of competition, submit details, separate registration forms, of the members of each team to the Hon Swimming Secretary.
- 2.4 No swimmer shall swim in more than one team during the year of competition and, where a Club has entered more than one team, no swimmer may be registered for more than one team during the same year. Failure to comply with this condition will cause the swimmer to be deemed ineligible.
- 2.5 No team member may have achieved any National Age Group Qualifying time for any stroke or event in the year of competition, regardless of stroke or distance.
- 1.6 The Programme of events will be arranged by the Swimming Committee and approved by the Executive at their first meeting following 1st April each year.
- 1.7 If less than six teams enter the competition in any year, then the competition will not be run during that year. This notification will be given at the Executive Meeting at which the draw is scheduled to be made. All delegates from Clubs who enter this competition should ensure that they attend that meeting.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

3. Exclusion, Withdrawal and Suspension

- 3.1 Any team who, in the opinion of the Executive, scratches from a Fixture without sufficient reason, shall be struck out of the Competition and ordered to pay all reasonable expenses incurred by their opponents as a consequence.

4. Organisation of Fixtures

- 4.1 The draw for the Competition shall take place at the first Executive Meeting following 1st April each year.
- 4.2 The draw shall be made by lot and all byes, wherever possible shall have been cleared by the end of the first round.
- 4.3 The Hon Swimming Secretary will inform teams of the draw arrangements
- 4.4 Dates of Fixtures are to be agreed by the teams involved within the period specified by these conditions and notified, in writing, to the Hon Swimming Secretary. Failing mutual agreement, the Executive or the Hon Swimming Secretary will decide.
- 4.5 Once a fixture has been made, it may not be rearranged without the consent, in writing, of the Hon Swimming Secretary, who **MUST** have the agreement, in writing, of all competing Clubs.
- 4.6 Fixtures should only be cancelled/re-arranged in extreme cases of difficulty and a minimum of 14 days notice is to be given to all participating Clubs. Written confirmation of cancellation/re-arrangement should also be given to the Hon Swimming Secretary.
- 4.7 Failure to comply with the above conditions may result in all Clubs involved being liable to a fine not exceeding £100.
- 4.8 Teams being drawn first shall be deemed to be the Home Team and shall have the choice of pool.

5. Gala Organisation

- 5.1 The Home Club shall appoint a neutral Referee from the Official list given in the Association Handbook who shall also act as starter according to ASA Laws
- 5.2 Each Club shall appoint two Judges, to act as placing and turn Judges who shall act according to ASA Laws
- 5.3 The Home team shall pay all reasonable expenses incurred by the Referee.
- 5.4 No Fixture shall be scheduled to start later than 8:00pm, except on Friday or Saturday when the scheduled starting time may be no later than 8:30pm.
- 5.5 Any Club causing a Fixture to start more than 15 minutes late shall be reported by the Referee to the Hon Swimming Secretary. This, in turn, will be reported to the Executive who may inflict a fine not exceeding £100. This condition applies equally to Home and Visiting teams.
- 5.6 Team Sheets are to be submitted to the Referee, at least 15 minutes before the start of each gala and shall be made available for inspection by coaches, team

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

managers or persons of similar standing up to the start of the programme of events.

- 5.7 The Home team shall swim in lanes 1 and 3 with the visiting team swimming in lanes 2 and 4. Where more than four lanes are available, the actual lanes to be used are to be at the discretion of the Referee
- 5.8 The Referee shall report the result of the Fixture to the Hon Swimming Secretary within three days using the forms provided for the purpose.

6. Competition Rules

6.1 The Competition is a knockout Competition with each Fixture consisting of two teams who shall each swim in two lanes for individual events and one lane each for relay events and the cannon.

6.2 Teams shall compete in four sections, each section being divided into Male and Female sub-sections.

6.3 The four sections are defined as follows:

Section 1	11/under
Section 2	12/13 years
Section 3	14/15 years
Section 4	Open

6.4 The individual events, in each sub-section for Boys/Girls and Ladies/Gents shall be 2 lanes each of Backstroke, Breaststroke, Butterfly and Freestyle. The distance to be swum in section 1 is 25 metres or as close to that distance as the pool length will allow. For sections 2, 3 and 4; that distance shall be 50 metres or as close to that distance that the pool length will allow.

6.5 The team events shall consist of one 4 X 25m Freestyle relays in each sub-section and one 8 X 25m Freestyle Cannon, each team consisting of one swimmer from each sub-section.

6.6 A swimmer may take place in not more than two individual events and in any number of relay events, provided they do not swim in any age group for which they do not qualify. Any Club swimming a swimmer in breach of this condition, shall be deemed to have swum an ineligible swimmer

6.7 Gala points are to be awarded as follows:

Individual Events

1st place	4 points
2nd place	3 points
3rd place	2 points
4 th place	1 point

Relay Events and the Cannon

1st place	8 points
2nd place	6 points

With 0 points being awarded for any disqualification.

6.8 Upon completion of the Fixture, The winner shall be the team having gained the most points and this team shall proceed to the next round.

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

- 6.9 In the event of both teams finishing a fixture with equal points, the team with most first places will be deemed the winner. In the event of there still being a draw, the other places in turn shall be taken into consideration and, if necessary, the Cannon.
- 6.10 The final shall take place at a date, time and location selected by the Executive. They shall be responsible for the appointment of officials and shall pay their expenses in accordance with ASA Law.

7. Ineligibility and Failure to Compete

- 7.1 Any Club swimming an ineligible person in any sub-section shall forfeit all of the points in that sub-section.
- 7.2 Any team not fulfilling all events in any sub-section shall forfeit all of the points in that sub-section.
- 7.3 Any team qualifying for the final and failing to compete shall pay all reasonable expenses incurred by the Association, up to a maximum of £100 and be struck out of the Competition.

8. Disputes and Protests

- 8.1 The Promoter of the Competition is the Association.
- 8.2 Any dispute regarding the eligibility of a swimmer to participate in the competition, shall be settled by the Referee, according to the Promoters Conditions. If there can be no agreement or if there is insufficient information to settle the dispute, then the Gala must be swum under protest and the matter reported to the Association Hon Secretary within 7 days, who shall either:
- a) Report the matter to the next Executive Meeting,
 - b) Call an Emergency Committee Meeting to resolve the dispute, or
 - c) Deal with the matter in accordance with ASA Judicial Laws

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Fixtures for 2011

Swimming League

DIVISION 1 FIXTURES

Match		Date	Venue	Warm up
1	Southport A v Carnforth A v Preston A v B'pool Acq A	19.03.11	Dunes	6.15pm
2	Carnforth A v Preston A v Leyland A v Fleetwood	19.02.11	Salt Ayre	5.00pm
3	Preston A v Southport A v Southport B v Leyland A	22.05.11	West View	1.00pm
4	B'pool Acq A v Preston A v Southport B v Fleetwood	18.09.11	Palatine	4.15pm
5	Southport B v Carnforth A v B'pool Acq A v Leyland A	02.04.11	Dunes	6.15pm
6	Leyland A v Southport A v B'pool Acq A v Fleetwood	19.06.11	Leyland	3.15pm
7	Fleetwood v Southport A v Carnforth A v Southport B	25.09.11	Fleetwood	4.45pm

DIVISION 2 FIXTURES

Match		Date	Venue	Warm up
1	Chorley v Pioneer 79 v Lancaster v Carnforth B	12.03.11	Chorley	5.15pm
2	Pioneer 79 v Chorley v Lancaster v Burnley Acq	09.07.11	Hyndburn	6.30pm
3	Lancaster v Chorley v Pioneer 79 v B'pool Acq B	08.05.11	Salt Ayre	4.00pm
4	Carnforth B v Pioneer 79 v Burnley Acq v B'pool Acq B	19.02.11	Salt Ayre	5.15pm
5	Burnley Acq v Lancaster v Carnforth B v B'pool Acq B	15.07.11	Padiham	6:45 PM
6	B'pool Acq B v Chorley v Carnforth B v Burnley Acq	03.04.11	Palatine	4.15pm

DIVISION 3 FIXTURES

Match		Date	Venue	Warm up
1	Garstang v Preston B v Ormskirk v Clitheroe	21.05.11	West View	1.00pm
2	Preston B v Garstang v Ormskirk v B'pool Acq C	09.07.11	West View	1.00pm
3	Ormskirk v Garstang v Prston B v Leyland B	25.06.11	Leyland	6.15pm
4	Clitheroe v Preston b v B'pool Acq B v Leyland B	03.07.11	Clitheroe	5.15pm
5	B'pool Acq C v Ormskirk v Clitheroe v Leyland B	03.04.11	Palatine	4.15pm
6	Leyland B v Garstang v Clitheroe v B'pool Acq C	15.03.11	Leyland	7.15pm

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

Details of Member Clubs

Those Clubs with entries highlighted have not yet fully informed the Association of their Officers for the coming year and their details could be incorrect.

CLUB	SECRETARY	FIXTURE SECRETARY	DELEGATE
ACCRINGTON	Mr. P Bibby 16 Brookside View, Oswaldtwistle Accrington BB5 4SH Tel: 07811 442413		
BLACKBURN CENTURION	Mrs L Duckworth 82 Grane Road, Haslingden, Rossendale Tel: 01706 210388		
BLACKPOOL Aquatics	Mrs. A. McNab 48 Falmouth Road Blackpool FY1 6LQ Tel: 01253 314131	Mr David Brotherton 2 Stoneycroft Avenue Blackpool Tel: 01253 341567	
BOLTON ASC	Mrs B Kyriades 36 Tanfield Drive, Stoneclough, Radcliffe M26 1GY Tel: 01204 571569	Mrs D Stott 16 Chatsworth Grove Little Lever Bolton, BL3 1DD Tel: 01204 78091	Mr. R. Malcolm Wilson 48 Shoreswood Bolton BL1 7DD Tel: 01294 302280
BURNLEY Aquatics	Miss A Nesbitt 75 Lowerhouse Lane BURNLEY BB12 6JA Tel: 01282 450402		
CARNFORTH OTTERS	Ms S Hepworth, 11 South Road Morecambe LA 5RB Tel: 01524 421802		
CHORLEY ASC	Mrs. I. Bolton 28 Watkin Road Clayton-Le-Woods Chorley PR6 7PX Tel: n/a		
CHORLEY MARLINS	Mr. S Parkinson, 16 Warton Place Chorley PR7 2RQ Tel: 01257 410035		Mrs. M Parkinson, 16 Warton Place Chorley PR7 2RQ Tel: 01257 410035

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

CLITHEROE & DISTRICT DOLPHINS	Miss J Green, 17 Albemarle Clitheroe BB7 2EA Tel: 01200-424632		
COLNE	Mrs. J Croxall, 2 Holme Close Sough Barnolswick BB18 6UG Tel: 01282-842800		
DARWEN	Mrs B Fisher 13 St Johns Street Darwen BB3 2BH Tel: 01254-760867		
FLEETWOOD & DISTRICT	Mrs S Roe 432 Fleetwood Road Fleetwood FY7 1AA Tel: 01253 873946		
GARSTANG	Mrs. Sue Roome 1 St Helens Close Churchtown Garstang PR2 0HY Tel: 01995-603885		
GT HARWOOD OTTERS	Mrs J Miller 42 Edgeside Great Harwood Hyndburn		
KIRKHAM & WESHAM	Dr K Yaxley 6 Beechfield Avenue Wrea Green Preston PR4 2NX Tel: 01772 681619		
LANCASTER CITY	Mrs J Rawlinson Pattys Farm Hillam Lane Cockerham LANCASTER LA1 5ET Tel: 01524 792873		
LEYLAND BARRACUDAS	Mrs Janet Smith 1 Dalehead Road Leyland Lancs, PR25 3AX Tel: 01772 421961	Mr Steve Topping 28 Lowther Drive Leyland Lancs, PR26 6QB Tel: 01772 431104 Stephen.topping@tiscali.co.uk	Mrs Janet Smith 1 Dalehead Road Leyland Lancs, PR25 3AX Tel: 01772 421961

North Lancashire Swimming and Water Polo Association
(Affiliated to ASA North West Region)

ORMSKIRK ASC	Mrs E Turton 103 Delph Park Avenue Aughton Ormskirk L39 5DF Tel: 01695 422576		Bob Thompson
PIONEER 79	Mr R Hummerson Sunnycroft 6 Beech Crescent Accrington BB5 5EQ Tel: 01254 231244		
PRESTON	Mrs C Billington 1 St Anthonys Road Deepdale Preston PR1 6LQ Tel: 01772 460604		
SOUTHPORT	Mr. Harry R. Hawkins 57 Cambridge Road Southport PR9 9RJ Tel: 01704-26051		
WEST CRAVEN	Mrs Lesley Wiseman 24 Parker Street Barnoldswick Lancashire BB18 5JE Tel : 01282 816586		

Water Polo League Secretaries

Club	Name	Address	Telephone
Blackpool			
Blackburn	Mr Chris Hyde	22 Hargreaves Road Oswaldtwistle, BB5 4RN	01254-239568
Burnley	Mr. Kelsey Duckworth	"Duck Manor", Hillcrest Avenue Cliviger, BB10 4JA	01282-454500
Fleetwood	Mr. Tom Hussey	Beech Wines & Spirits, 4 Beech Ave, Blackpool, FY3 9BD	01253-392204
Kendal	Mr. Darren Gibson	4 Castle Circle Kendal, LA9 7BB	01539-722725
Lancaster City	Mr. Tad Detko	"Yew Tree", White Horse Lane Barton, Preston, PR3 5AH	01995-640758
Preston	Mrs. Jacqui Pugh	21 Sheraton Park, Ingol Preston, PR2 7AZ	01772-723529

All Official information can be accessed through Swim North West